



## We Want To Hear From You!

Kids In The Middle is constantly working to ensure that we are providing the best possible service for you and your family.

We ask that you please take 5 minutes of your time to complete our Parent's Survey by clicking the link below.

**Thank You!**

[Click Here to Complete the Client Feedback Survey](#)

## Kids In The Middle Announces New Chief Executive Officer



Kids In The Middle is pleased to announce the appointment of Scott Myers as its new CEO. Scott Myers joins KITM from the American Youth Foundation, where he served as Director of Development.

With ten years of professional service in the nonprofit sector in addition to his clinical experience, Scott brings a wealth of knowledge to Kids In The Middle. He has held several prominent fundraising and development positions for some of the largest, most impactful nonprofits in the St.

Louis region including the American Cancer Society, Easter Seals Midwest and the United Way of Greater St. Louis.

[READ MORE](#)

## Handling Kids Insecurities About Divorce



Some kids may need reminders that divorce is about problems between grown-ups. Reassure them that all of their upset feelings are okay, but that talking about them with you or someone they trust can help. Not all kids react right away, so let them know that they can come to you when they're ready. Keep having these conversations over time to keep communication open, explaining that problems between grown-ups are not kids' fault, and adult problems are not kids' jobs to fix.

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**Meet Tessa Durell**

Tessa Durell joined the Kids In The Middle clinical staff in November 2018. She truly enjoys everyone she works with at the Agency. "Everyone is so friendly, kind and fun," says Tessa. Tessa completed her Master's in Social Work at the University of York in England. She then spent a little bit of time in Manchester before moving back to the United States. Her time abroad explains her love of British reality television!



## Managing Changes



With changes in routines and living arrangements, children might begin to worry that everyone will be too busy to take care of them. Reassure them that no matter where they are, someone will always be there to support them.

Let kids know who they can expect to drop them off at school, pick them up from a play date, or put them to bed. Find opportunities to remind them that there are so many people, in addition to their parents, who love them and will take care of them.

## Follow Kids In The Middle on Social Media



[www.kidsinthemiddle.org](http://www.kidsinthemiddle.org)

