

# COPE

## CO-PARENTING EDUCATION CLASS

COPE is a specialized education course for parents in the process of separation, divorce, modification, and otherwise unmarried parents of minor children who come before the courts in need of educational tools and knowledge. Kids In The Middle's COPE class has been designed to assist parents in understanding the effects of family changes on their child(ren), as well as keep the child(ren) from being put "in the middle" of parental conflict.

**The COPE class is offered through Kids In The Middle for cases filed in:**



**St. Louis City**



**St. Charles County**

*As we monitor the ongoing national response to the spread of COVID-19 and keep public health top of mind, all in-person classes are currently being offered virtually.*

### Topics Covered

**Physical, Legal, and Emotional Tasks | Loss and Change | The Grief Process | Anger and Conflict | Parental Conflict | Age Level Reactions of Children | Keeping Kids Out of the Middle | Guidelines for Cooperative Parenting | Co-Parenting Continuum, Oppositional, Parallel, Cooperative | Games Parents Play | The Absent Parent / Long Distance Relationships | New Relationships / Establishing Paternity | Substance Abuse | Domestic Violence**

**This class meets state and local requirements for a one-time, two hour mandated class per Missouri Revised Statute 452.600.**

**For more info & to register for the COPE class, please call 314.909.9922.**

*Please note that you will need your case number for registration.*