



Kids In The Middle®

2018 IMPACT REPORT

www.kidsinthemiddle.org



More than

40%

of the clients that Kids In The Middle serves are from low-income households.



Annual rate of

5,000

dissolutions of marriages in Greater St. Louis area.



In 2018

3,403

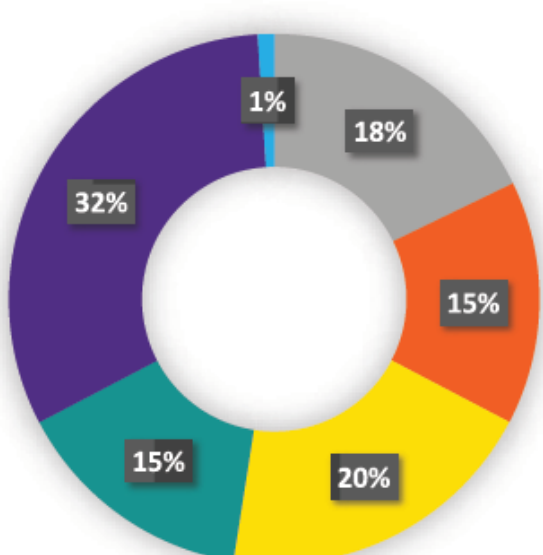
children, parents & families were helped by Kids In The Middle.



90%

of the clients that Kids In The Middle serves receive some level of financial assistance.

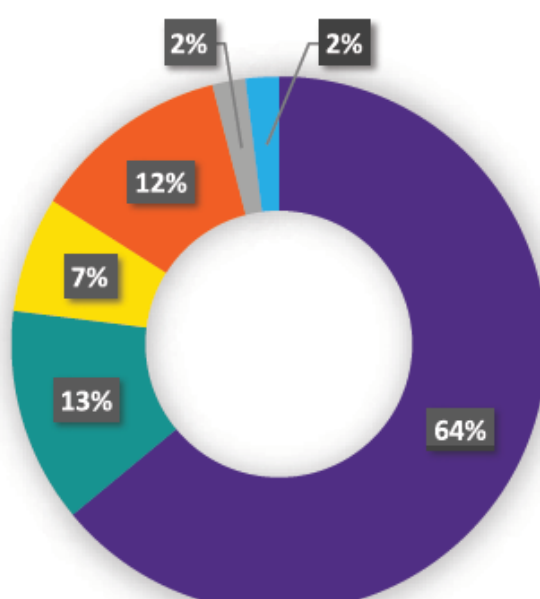
Agency Revenues



- Local Gov't Fees
- Special Events
- Contributions
- United Way
- Client Fees
- Invest Inc/Other

Total Revenues
\$1,564,706

Agency Expenses



- Agency Based Counseling
- Fundraising
- School Outreach Counseling
- Management & General
- Court Programs
- Community Education

Total Expenses
\$1,514,904

How We Served

Kids In The Middle's whole family approach includes the most comprehensive, expert counseling as its core programming.

4,796 sessions

Group Counseling for Children

719 sessions

Co-Parenting Groups

414 sessions

Individual Counseling for Children

635 sessions

Family Counseling

2,790 sessions

Individual Counseling for Parents

58 sessions

Blended Family Counseling

24 sessions

Co-Parenting Education Class

17 schools

School Outreach Counseling

In addition to the core counseling programs listed above, Kids In The Middle provides an array of services that compliment these programs helping and supporting families in the areas of counseling, education and support.

How We Made A Difference

In 2018 the outcomes demonstrated that children and families benefited by participating in Kids In The Middle programs.

77%

of children demonstrated the ability to identify and express their feelings appropriately.

83%

of children developed and demonstrated the use of positive coping skills.

67%

of parents in Co-parenting Counseling increased effective co-parenting behaviors.

Kids In The Middle services for children are focused on one overall goal: *Children will be mentally healthy following their parents' separation, divorce or remarriage.*