



*For more information, contact:*

Brittni Snidle

D: 314.909.9922 x1004

C: 314.324.8812

[bsnidle@kitm.org](mailto:bsnidle@kitm.org)

**FOR IMMEDIATE RELEASE:**

**Kids In The Middle Receives Cardinals Care Grant**  
*Funding to provide supplies for therapeutic activities*

**ST. LOUIS (September 21, 2018)** - Kids In The Middle (KITM), a non-profit organization that empowers children, parents and families during and after divorce through counseling, education and support, is pleased to announce they have received a grant of \$2,268 from Cardinals Care. The support will allow Kids In The Middle to purchase a sand tray therapy table, sand tray therapy supplies and art supplies for therapeutic activities.

While in Group and Individual Counseling at Kids In The Middle, children participate in therapeutic activities to help them cope with the changes in their family, such as identifying their feelings, learning ways to communicate them to their parents, and developing new coping skills.

“We are thankful for the continued support from Cardinals Care,” says KITM Chief Executive Officer, Meredith Friedman. “This grant helps to provide our therapists with needed supplies to help children express their feelings regarding the changes in their families.”

Cardinals Care, the St. Louis Cardinals Community Fund provides cash grants to registered youth-focused non-profit agencies within Cardinals country to use funds to purchase much needed tangible goods. Cardinals Care has invested more than \$22 million to support St. Louis area children.

The community is invited to learn more about Kids In The Middle and tour the Agency by scheduling an appointment. Please email [info@kitm.org](mailto:info@kitm.org) or call (314) 909-9922.

**About Kids In The Middle**

Kids In The Middle (KITM) helps children and families transition to a new way of life before, during and after separation and divorce, for the sake of creating healthier futures for all involved. Founded in 1977, KITM is a nationally accredited non-profit agency that provides comprehensive and confidential counseling, education and support services focused on the entire family. KITM is a proud member of the United Way of Greater St. Louis and receives funds from the St. Louis County Children’s Service Fund. KITM is located at 2650 S. Hanley Rd. in St. Louis, Mo. For more information, visit [www.kidsinthemiddle.org](http://www.kidsinthemiddle.org).

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