

Tips for Successful Co-Parenting



Co-parenting requires a commitment by both parents to follow the same guidelines and keep the best interests of their children first and foremost. Keep in mind that children want to be able to love and have healthy relationships with both parents. Kids hate it when their parents fight. A co-parenting relationship is one that is cordial, focusing specifically on the details of child-rearing and addressing the needs of the children. We urge you to follow these guidelines for successful cooperative parenting.

- Decide together how you are going to communicate with each other. This could include telephone, E-mail, mail, fax, voice-mail, in-person, etc. You may only need one medium to communicate successfully.
- When talking to the other parent, focus the conversation on the specific business related to your child. Try to focus and talk about one child-related issue at a time. Be concise and to the point.
- Be polite. Don't change the subject. Stay on task.
- Do not verbally attack each other, criticize or raise your voices. Try not to bring up unresolved relationship issues.
- If there is a child-related problem, first clarify the problem. Then start offering solutions that could work for the child and for both parents. This may take some creative thinking and some compromise. Keep throwing out solutions until you find one that you can both agree with.
- Stay solution focused and be patient.

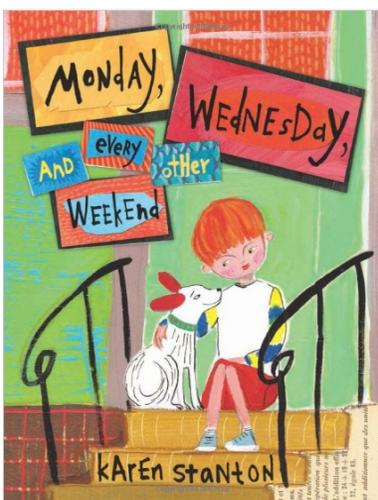
And please, never argue or verbally attack each other in front of your children.



Meet Katy Walter

Director of Clinical Operations, Katy Walter has worked at the Agency since 2011. She has a passion for the work that KITM does and enjoys seeing the progress families make throughout the counseling process. During her spare time, Katy enjoys being outdoors. She loves spending time with her kids at the pool, hiking and bike riding. Her favorite place to visit is Kiawah Island, SC. She has been visiting there with her family for more than 20 years.

Monday, Wednesday, and every other Weekend



Henry Cooper and his dog Pomegranate have two houses. On Mondays, Wednesdays, and every other weekend, they live with Mama in her new apartment, but on Tuesdays, Thursdays, and every other weekend, they live with Papa in his new house.

Henry and Pomegranate are happy as they dance with Mama and sing with Papa, but Henry knows that sometimes Pomegranate gets confused and just wants to go . . . home.

This gentle and accessible story about dealing with the many changes that come with divorce is beautifully brought to life by author Karen Stanton's vivid and memorable illustrations.

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